St. Ignatius begins his Spiritual Exercises with The First Principle and Foundation. While not typically thought of as a prayer, it still contains much that is worth reflecting on.

The Goal of our life is to live with God forever. God, who loves us, gave us life. Our own response of love allows God’s life to flow into us with out limit.

All the things in this world are gifts from God, presented to us so that we can know God more easily and make a return of love more readily. As a result, we appreciate and use all these gifts of God insofar as they help us to develop as loving persons.

But if any of these gifts become the center of our lives, they displace God and so hinder our growth toward our goal.

In everyday life, then, we must hold ourselves in balance before all of these created gifts insofar as we have a choice and are not bound by some obligation. We should not fix our desires on health or sickness, wealth or poverty, success or failure, a long life or a short one.

For everything has the potential of calling forth in us a deeper response to our life in God.

Our only desire and our one choice should be this:
I want and I choose what better leads to God’s deepening his life in me.

St. Ignatius of Loyola
8:00 a.m. Weekday Mass Intentions

July 29  Rita Van Cleve
July 30  + Antonia Arcos Basco
July 31  The Feast of St Ignatius of Loyola
Aug.  1  + Anna Pike + Sue Ann Harlow
Aug.  2  + Merwin Family

We will be celebrating the sacrament of Baptism at a special service on Sunday, July 28th at 1:00 p.m. Our celebrant will be Fr. Jerry Graham, SJ. All are welcome to share in welcoming these children into our Community of Faith.

Our next parish Baptism service will be on Sat., Sept. 7th, 9a.m.

Sacrament of Reconciliation

is available in the church
Thursdays
4:30 - 6:30p.m.

Subscribe to St. Al's Weekly Newsletter
Text: STALS to 84576
or go to: Flocknote.com/stals

Q & A

Q & A sessions about the Catholic faith for all people and all backgrounds.

These sessions are a safe place to explore your spirituality with people who care. If you've been thinking about becoming a member of the Catholic Church, or you're simply interested in learning more about Catholicism, we invite you to attend.

Then, in the fall, if you're interested in continuing this journey of faith, you'll be welcomed into the RCIA (Rite of Christian Initiation for Adults) or another Sacramental Preparation program depending on your personal journey.

Our Q&A sessions are in the Parish Center Antonian Room,
August 25 - 9:45-10:45 (between morning Masses)
September 15 - 12:15-1:15 (after 11:00 Mass)

Can you donate any stuffed animals to our Quilters?
The Quilters give a stuffed animal with every baby quilt they make. They donated 285 baby quilts to local hospitals and charities this past year! Please bring your stuffed animal donations to the Parish Office, Tuesday - Friday, between 8:30 a.m. and 4:00 p.m.

There will be NO Senior Lunch in August!
We will reconvene in September. See you all then!

Confirmation & First Eucharist

We, at St. Aloysius Parish, are excited for your children in grades 2-5 to complete their Sacraments of Initiation, a journey of faith you began with them when you chose to Baptize them into the community of faith!

This is a fun, age appropriate program designed to prepare children for the sacraments of Confirmation and Eucharist.

Classes will begin in September and will run in two groups; each group will meet on alternating Sundays.

You can download the schedule and registration forms at: stalschurch.org.

Programs are also available for teens and adults.

Please contact Michele Lassiter for more information: 509.313.7009 or mlassiter@dioceseofspokane.org


**Justice Works: Social Ministry**

**Justice Prayer/Reflection**

“Access to safe drinkable water is a basic and universal human right.”

(Pope Francis)

“In the Catholic Tradition, responsible citizenship is a virtue, and participation in political life is a moral obligation.

(U.S. Bishops, Forming Consciences for Faithful Citizenship)

**WA State Primary Election 2019**

Tuesday, August 6, 2019

Become informed.

Study the candidates running for:

**Mayor, City Council, City Council President**

Most local TV stations have information and interviews of the candidates, as well as The Spokesman Review.

**Collection for the Poor**

and

**Back to School Shoe Drive**

THIS Weekend. ALL MASSES.

Thank you for remembering low-income families in our neighborhood.

**Immaculate Heart Retreat Center**

**Weekend Retreat on Everyone’s Call to Holiness “Everyday God,”**

Fr. Anthony Ciorra, August 16-18, 2019,

Please register in advance: (509) 448-1224 or www.ihrc.net

**Summertime Spiritual Moment**

“The Life of Vietnamese Catholics before, during and after the Vietnam War.”

Fr. Jo Hien, Wednesday, August 14, 2019, 8:00 a.m. to 9:30 p.m. A delicious breakfast will be served, invite a friend to join you. There is NO cost to attend.

Please register in advance: (509) 448-1224 or www.ihrc.net

**Silent Day of Prayer on Following Jesus Discipleship in the Bible and in Life**

Fr. Craig Hightower, SJ,

August 20, 2019, 9:00 a.m. to 3:00 p.m.

Please register in advance: (509) 448-1224 or www.ihrc.net

**Family Promise: Ministry to Homeless Families**

It’s our turn to assist. Volunteers are needed to provide meals and serve as evening and overnight hosts for homeless families at St. Joe’s Church on Dean St.


For information and/or to volunteer: Jeanne Dawes at jjdawes@goregrewe.com or 326-7500.

Blessed are those who give shelter, food and drink to those in need. (Matt 25)

**July 30: World Day Against Trafficking in Persons**

The moving of people across borders for labor or sexual exploitation has become an international business; trafficking is an affront to human dignity and a disgrace of justice in the modern world.

“Human trafficking is an open wound on the body of contemporary society, a scourge upon the body of Christ… It is a crime against humanity.” (Pope Francis)

Patron saint of human trafficking victims: St. Josephine Bakhita
Holiness is possible by the moment! Letting someone go ahead of you in the grocery line. That’s Holy!

Holiness is possible! Have you Seen, heard or made a holy moment? Text 509

Holiness is possible by the moment! Do the least enjoyable task for someone who is suffering That’s Holy!

Holiness is possible by the moment! Letting someone go ahead of you in the grocery line. That’s Holy!

Holiness is possible by the moment!  Being patient with the person who drives you crazy. That’s Holy!

Holiness is possible moment by moment! Giving the one in front of you your full attention. That’s a Holy Moment!

Holiness is possible! Getting honest with yourself about self destructive habits. That’s a Holy Moment!

Holiness is possible by the moment! Control your temper even when justified in losing it. That’s Holy!

Holiness is possible moment by moment! Staying calm in the midst of a crisis. That’s a Holy Moment!

Holiness is possible! Telling God that you trust he has a great plan for your life. That’s a Holy Moment!

Holiness is possible by the moment! Staying calm in the midst of a crisis. That’s a Holy Moment!

Holiness is possible moment by moment! Teaching someone how to pray. That’s a Holy Moment!

Holiness is possible! Having a conversation with someone where the sentence “I love you” is the last word said. That’s Holy!

Holiness is possible by the moment! Smiling at the person you are passing in the hallway. That’s Holy!

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A Catholic Legacy for Over 125 Years.

Hennessey
FUNERAL HOME & CREMATORY
328-2600

To Preplan Your Funeral / Cremation Call: Parishioner, Chuck Wendt at 509-951-4037 Hennessey Funeral Home & Crematory